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Erasmus+ Programme
of the European Union



YOUTH EXCHANGE

Eco-Entrepreneurship: Future is Green

NORTH MACEDONIA - SERBIA - KOSOVO*
MONTENEGRO - BOSNIA AND
HERZEGOVINA - CYPRUS



**20 - 27 April
2023**



**Avala, Belgrade
Serbia**





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of the European Union

"Eco-Entrepreneurship & Circular Economy: On the Path to Sustainable Change"

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Project Description

The project ‘Eco-Entrepreneurship & Circular Economy: On the Path to Sustainable Change’ is set in line with the priorities of the Erasmus+ Programme and the general objectives of the call. The project is based on the need to increase the capacities of 6 youth organizations representing the Programme (North Macedonia, Serbia and Cyprus) and Partner countries of the Western Balkans (Bosnia and Herzegovina, Kosovo* and Montenegro) to work with the concepts of eco-entrepreneurship and circular economy, to be able to develop competencies of young people, young people with fewer opportunities in these areas, and to transfer the principles of circular economy in their practices to become more green, sustainable youth organizations ready to face ecological and sustainable challenges of 21st century.

Youth Exchange aim: to raise the interest of young people, young people with fewer opportunities in the concepts of eco-entrepreneurship, and sustainability, to equip young people, young people with fewer opportunities with new competencies, to provide them with a chance to get inspired by the experiences of their peers from other countries, to create the ideas for the Board Game. We aim that the Board Game will be created by young people. It means it will be peer to peer product. Even if the overall process will be managed by the Youth Exchange Team and the Core Project Team active involvement of the young people will be essential. The participants of the Youth Exchange will create ideas for the content of the game, and for its design. Furthermore, the participants of the YE will come up with ideas for projects/initiatives targeting their local communities with the aim to raise the understanding of their peers on the concepts of eco-entrepreneurship and circular economy.

The project is strongly contributing to the **implementation** of the EU Youth Strategy including the 11 **European Youth goals**:

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-Goal: Connecting the EU with youth: the project will equip the partners, and target groups with knowledge and understanding of the role of the EU in building a green and sustainable future. The target groups will understand better what’s the plan in the areas of eco-entrepreneurship and circular economy and how the EU is supporting different actors to behave more green and sustainable;

-Goal: Sustainable and Green Europe: this goal is firmly tackled by this project. The young people directly involved in the activities delivered under Work Packages 3, and 4 will raise their knowledge and understanding of sustainability. They will learn about the principles of

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circular economy, get inspired by stories of eco-entrepreneurs, and learn what practical steps they can take to help to create a Sustainably and Green Europe;

-Goal: Youth Organisations & European Programmes: through the project, the consortium will actively promote the European Programmes and ensure that youth organizations, youth workers, young people will become aware of the possibilities that European Programmes provides;

-Goal: Quality Learning: through the activities, young people will not just develop their knowledge and understanding of eco-entrepreneurship and the circular economy. They will also develop competencies essential for the 21st century: working in a mix-intercultural environment, problem-solving, etc.

● **Youth Exchange program:**

https://docs.google.com/spreadsheets/d/1_0lvzCUN-iDJJMLQ1nnKhdcIRxGzkWU2G-fRAEf-a0/edit?usp=sharing

DATES: 20 - 27 April 2023

LOCATION: Avala, Belgrade, Serbia

PARTICIPANTS: 6 per country (5 participants + 1 group leader)

COUNTRIES: North Macedonia - Serbia - Kosovo* - Montenegro - Bosnia and Herzegovina - Cyprus

Participants profile:

Participants of the Youth Exchange should have the following background:

- Young people in age 18 to 30 residence of participant’s countries;
- Strongly interested in exploring the topic - Eco – entrepreneurship, circular economy;
- Have experience or just love educational board games (creating them is a big plus);
- Motivated to work on the development of their personal and professional competencies in an international setting (communication, teamwork, problem-solving, conflict management, facilitation, and presentation);

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- Motivated to take part in Erasmus+ project, work in an international team and share their experiences in follow-up period;
- Ready to work in a mix-intercultural learning environment, to contribute to successful project implementation;

Every group will include participants with fewer opportunities facing cultural differences and social, economic obstacles. It means young people who meet unemployed, are coming from a socially and economically challenging environment, and/or might face discrimination, stereotypes, and prejudices in their communities.

NOTE: Our partners are kindly invited to send equal numbers of participants from both genders!

Working methods:

- Learning by doing method
- Ice-breakers and team-building games to get to know each other.
- Workshops will leave room for guided but controversial discussions.
- Simulation games will allow us to identify current challenges of non-formal education and show possible measures that strengthen them.

These sessions will provide the participants with concrete ideas that can be implemented in their local communities, thus ensuring an important multiplier effect.

The official language of the project:

Working language of the youth exchange will be English. Do not worry, your English proficiency should not be perfect, enough is to understand and be understood!



Travel Arrangements

Every participant **is responsible for finding a way to reach the destination**. Here are some tips:

Use Websites:

- <https://rome2rio.com/> for trip planning
- <https://www.momondo.com> and <https://www.flightconnections.com/> for flight connections
- <https://waze.com/> or download the app from the app store;
- Download offline Google Maps.

HOW TO REACH THE VENUE

An invitation to try to travel mindfully - with no excess luggage and extra effort to store it.

Welcome to use tips from EC: <https://bit.ly/3r23I00>

Belgrade Nikola Tesla Airport is the closest airport to the venue.

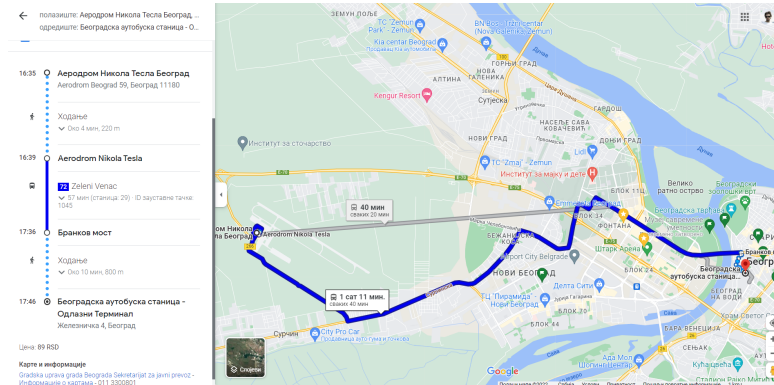
1. Flying to Belgrade Nikola Tesla Airport

KEEP IN MIND THAT THE AIRPORT IS UNDER CONSTRUCTION AND IT IS POSSIBLE THAT ROUTES AND TIMETABLES ARE CHANGING



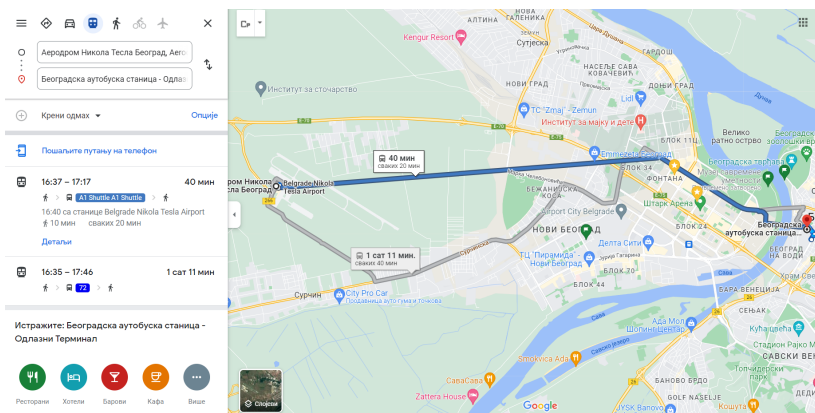
- Take a **72** (ride 29 stops and exit at **Brankov most**, the stop after crossing the river).

The bus usually goes **every 40 minutes**. When you leave the bus, you just **walk for 10 more minutes** and you will reach the **Belgrade bus station** (<https://goo.gl/maps/B58CR2yWydrvGTBR7>). The single ticket costs **150 RSD** (Serbian dinars) in cash or you can pay it by Master card (in that case it's 89 RSD).



- Take an **A1 shuttle bus** (ride 2 stops and exit at **Belgrade Main Railway Station**, the stop after crossing the river).

The bus usually goes **every 20 minutes**. When you leave the bus, you just **walk for 5 more minutes** and you will reach the **Belgrade bus station** (<https://goo.gl/maps/B58CR2yWydrvGTBR7>). The single ticket costs **300 RSD** (Serbian dinars) and you can pay it in cash.



- Take a **taxi (non-refundable)** to the **Belgrade bus station** which costs 15-20 EUR per car and can be paid by CARD or CASH. It takes around 20 -30 minutes.

From the **Main BUS station**, you have direct buses **450,470 and 491** that go to **Avala**.

*Use the application **MOOVIT** or **Google Maps** to find the schedule of the buses.

They usually go every 20-30 minutes.



ACCOMMODATION AND FOOD

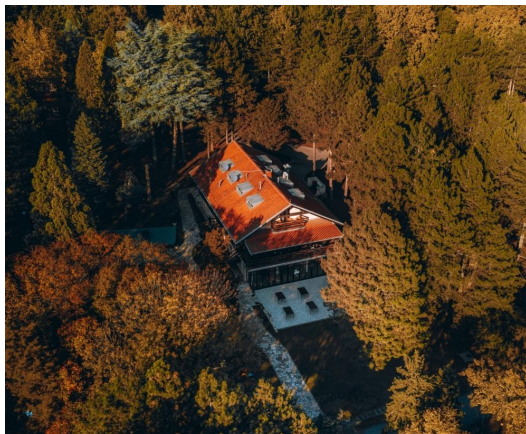
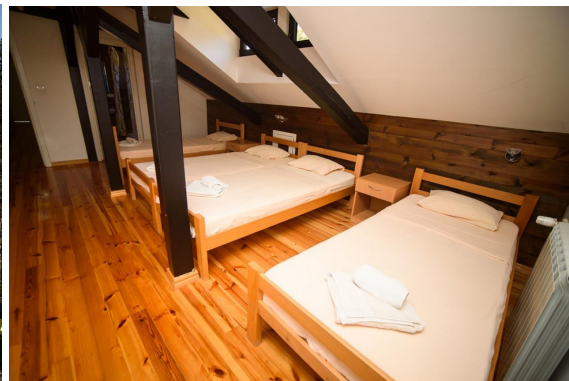
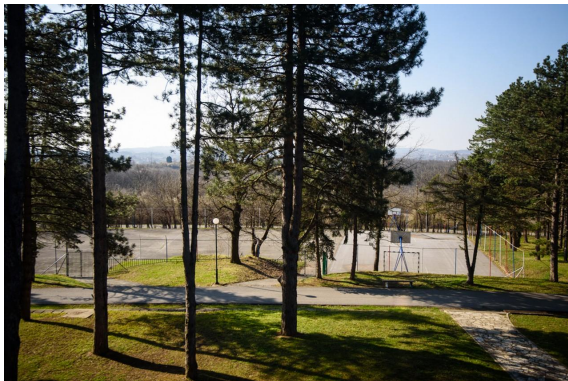
Accommodation and food are 100% covered by the Erasmus+ program.

Resort Šuplja stena is located on **mountain Avala**, 22 km from Belgrade city centre, 24 km from the main railway and bus station, 39 km from the airport Nikola Tesla, 6 km from the Avala Tower and 5 km from the highway E-75 thereof.

Participants will be accommodated in **multi-bed rooms** with a maximum of 6 beds, which have **shared bathrooms**.

Additional facilities available to guests include a **congress hall**, playroom, toilets, reception, a carefully landscaped and fenced **yard** with firs and pines, and a **park** with swings and equipment for children. Within the resort, there are also **courts** for basketball, volleyball, handball and futsal, with a concrete surface, as well as a field for futsal, with a grass surface.

The **medical service** is at the service of the users 24 hours a day.





Important information about the accommodation:

- During the activity, participants will be accommodated in rooms with people from different countries.
- Participants will have roommates from different countries, and we can't make exceptions to accommodate people only from the same country in the same room. The rooms will be gender divided.
- We can't arrange separate rooms for couples or make additional changes in the room match.
- Participants are obliged to take care of the rooms and working space inventory, and if damaged it will be charged.

FOOD

There will be 3 meals per day provided, breakfast, lunch, and dinner, and they will be served in the resort's restaurant.

During the official part of the event, and in the territory of the whole resort drugs are strictly forbidden! Smoking is not recommended and in case of urgency only permitted outdoors in a designated space.

Everyone is welcome with these restrictions. Violation of this entitles the caretaker to immediately dismiss the person(s) concerned. No refund on travel costs will be guaranteed in case of dismissal.

Please, inform us in the application form about your food needs (vegetarian, vegan, food allergies).

The accommodation is covered at Resort Šuplja stena, Avala, only for the days of the activity (**20 - 27 April 2023**). In case of a longer stay, there is no chance of reimbursement of accommodation costs. You are **not allowed to arrive after 20 April or leave earlier than 27 April**. Please keep this in mind when booking the tickets. For any other questions consult with your sending NGO.

WEATHER

The expected daily temperature in this part of the year is around 15-20°C, and during the night it is cold. Bring comfortable shoes and clothes for day and night, and also some more elegant ones for going out.

Please note that only public transport is subject to reimbursement. If you travel by aeroplane use only economy class. Taxi is not covered. Please consult us!

YOU ARE NOT ABLE TO LEAVE THE PROJECT ONE DAY EARLIER TO CATCH YOUR FLIGHT OR BUS. PLEASE BUY YOUR TICKETS ACCORDING TO THE PROJECT'S DATE.

We need you to buy round-trip tickets, and send us a copy by email before arriving here, so our accountant knows, and adjust the budget.

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We advise you to buy your tickets **as soon as possible** so that it fits into our limited budget for 100% reimbursement.

We kindly ask you to save all documents (Original tickets, boarding passes, invoices, or bills with the ticket price) which are related to your travel, since the documentation background is obligatory for reimbursement. We kindly please you to buy all the tickets for the travel for both directions – return tickets (plane tickets, train tickets, bus tickets and etc.), because we will be able to reimburse only REAL EXPENSES (made expenses). IMPORTANT: We cannot refund any travel costs done by taxi.

After sending their tickets and boarding cards, participants will receive reimbursement for their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project – Avala, Belgrade, Serbia. These distances must be calculated using the distance calculator supported by the European Commission. **We send only money to the sender organization and the sender organization will pay to participants.**

Please note if you buy your tickets in a currency other than EUROS, we will convert them to EUROS according to the exchange rates from the official European Commission website: <http://ec.europa.eu/budget/infoureuro/index.cfm?Language=en>

We are not able to reimburse missing tickets!!!

Participants **must** travel from the country of the sending organization, and back. Following the guidelines of the Erasmus + program, the travel back must be realized by the participants in a direct way within a maximum of 2 days. You have the possibility to arrive in Belgrade up to 2 days in advance or leave up to 2 days later.

IMPORTANT: Traveling sometimes requires an additional day for catching a flight and staying for an additional night in the city where the airport is situated. We are aware of such situations, but organizers can't cover this cost (accommodation), it is the participants' own cost too.

For that reason, we recommend you use hostels (<http://www.hostelworld.com/>) or friends (<https://www.couchsurfing.org/>).



Budget travel cost:

Country	NGO	Max Amount (EUROS)
North Macedonia	NEXT GENERATION SKOPJE	180 EUR
Kosovo*	CET PRIZREN	180 EUR
Cyprus	DOREA	275 EUR
Montenegro	NVO GLAS	180 EUR
Bosnia and Herzegovina	SPIN	180 EUR
Serbia	YOUTH WORKERS ALLIANCE	20 EUR

NOTE:

- The cost given is a limit in total **PER PERSON**, for both ways.
- **PLEASE REMEMBER THAT ACCORDING TO ERASMUS+ RULES MONEY FOR TRAVEL WILL BE REIMBURSED ACCORDING TO THE REAL COST YOU SPENT**, up to the amount given above per country, but not more (which means that if you spend less - you will be reimbursed the money you actually paid or if you spend more - you will get only limit)
- Before buying your ticket, please remember your cost limits, **EVERYTHING THAT WILL BE MORE THAN THE LIMIT WILL BE YOUR OWN COST.**
- Before booking the flight, please make travel arrangements **CONFIRMATION** with us!

What to bring?

- **Passport or ID**
- Comfortable clothes for activities and fancy ones for going out.
- Please bring comfortable clothes and check the weather channels.
- Personal care products: shampoo, toothpaste, flip flops, etc.
- **Towels**, if not you will be asked to pay 5€ in order to be provided
- Mug and/or metal/glass bottle to avoid single-use plastics as much as we can
- Camera, laptop, etc.
- Pills and medicines.
- Positive attitude!



HEALTH & TRAVEL INSURANCE:

PLEASE, WHEN COMING TO THE PROJECT, MAKE SURE YOU HAVE A VALID EUROPEAN HEALTH INSURANCE CARD WITH YOU OR PRIVATE INSURANCE. ALSO, IT IS IMPORTANT THAT YOU NOTIFY US OF ANY HEALTH RISKS OR POSSIBLY NECESSARY MEDICINES, SPECIAL FOOD ARRANGEMENTS (SUCH AS VEGETARIANS, VEGANS, INTOLERANCES...), AND SO ON.

Preparations:

- Find interesting videos/games/exercises/educational activities related to the topic.
- **Morning/Afternoon Energizers:** We would be really happy if each group prepare some energizers to increase the group's energy!
- Wherever possible, take your **laptops, digital cameras, smartphones, and tablets** – we will be doing some multimedia work that requires mobile equipment!

BASIC RULES:

All the participants will be expected to be present and active in all the activities unless being ill. Unauthorized absence from the activities and workshops won't be tolerated. Stress, nerves, and bad mood are prohibited everywhere. Bring your best mood and a big smile with you and keep it through the exchange! Prepare for fun! 😊

Participants' Task: It's very important to care for the scheduled time, be kind, respectful, and positive, destroy the borders, have maximum fun, be cheerful and try to be part of the solution.

Money exchange:

In Serbia, the official currency is Dinar (RSD). Credit and debit cards are accepted almost everywhere.



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Contact person:

Coordinator of the Youth Exchange: Mladen Mitić

Mobile/Viber/WhatsApp: +381668487959

Email: mladenbmitic97@gmail.com

Please fill out the application form:

<https://forms.gle/xUgGDpxAW6dPoaAF7>



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SEE YOU IN BELGRADE!



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